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Trigger Points Of Pain: Wall Charts (Set Of 2)



Synopsis

Trigger Point Pain Patterns Wall Charts

Book Information

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Customer Reviews

Now deceased, foreword writer David G. Simons, MD, coauthored of Travell & Simons Myofascial Pain and Dysfunction: The Trigger Point Manual

Fantastic tool to have clients identify areas/patterns of chronic pain or tension and identify the specific areas (trigger points) needing attention. There are too many therapeutic approaches available to detail here and how you structure your therapeutic sessions is, of course, up to you. But eventually many client issues will come down to trigger points with referred patterns of pain or sensation in remote areas of the body ... not the areas (or surrounding areas) clients want you to address directly. Trigger point therapy for stubborn chronic pain, either as an early or later tool, has never failed me. This chart makes explaining the theory and intention of the modality quick and easy. It can also involve clients in changing the habits that create their trigger points once the real muscle causing the problem is identified. The illustrations are quite adequate, and, yes, with the rising standards of illustration that bombard us daily in media, they seem dated. But their simplicity and accuracy just about always elicit the surprised response: "OMG, that's EXACTLY how it hurts!"

I love these charts! They're huge and easy to see from across the room.. I'm a massage therapist

within a clinic and the doc is always teasing me about stealing them

I refer to these charts when a client has pain and the solution may not be coming from where you think it should.

I love the posters!

The charts are clear and concise, well presented and protected by the covering. Extremely useful for my accuracy in practice.

This is the best TP chart I've used in 20 years as a neuromuscular massage therapist. Clear, good visual impact for clients and reasonably comprehensive.

these are my third set. Love these charts! Great detail, information and study.

Easy to follow. Clear and exact pictures.

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